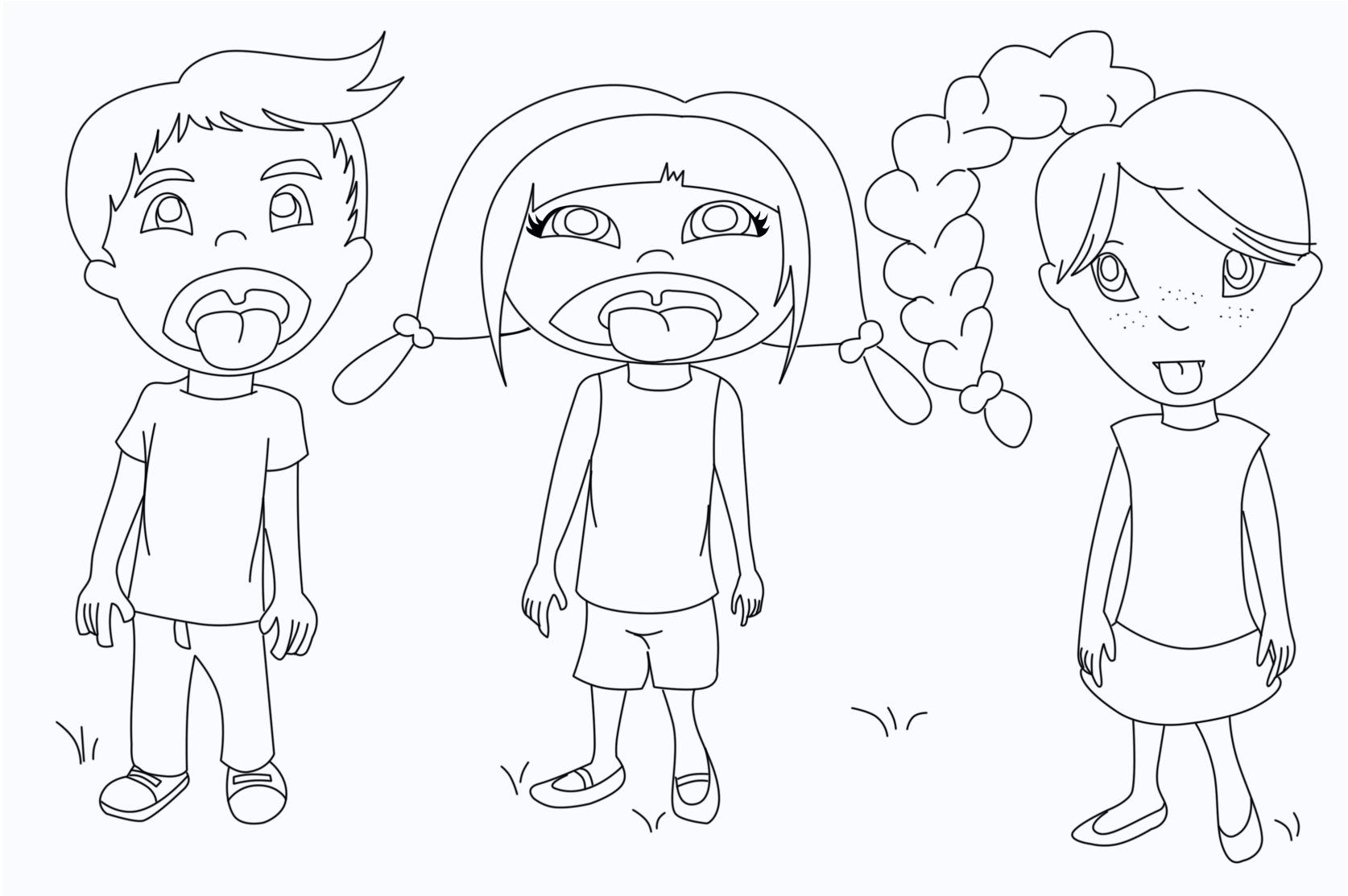Ihmeipanat